



**TOKIO MARINE  
AMERICA**

# TeST your safety knowledge

with Tokio Marine's e-Safety Training Resource.

## OSHA 10 & 30 Hour for General Industry



Tokio Marine America is dedicated to helping our clients and their employees remain safe at all times. Completing an OSHA 10/30 Hour training demonstrates your company's commitment to safety and OSHA compliance, and helps prevent costly accidents, and OSHA fines at your site.

The Tokio Marine Loss Control Department is offering online and interactive OSHA General Industry Training in partnership with Summit Connect and Health & Safety Institute (H.S.I.) at a 20% discounted rate off of their list price for Tokio Marine policyholders.

**\*Discounted Pricing: 10 Hour Course \$92.00 per seat / 30 Hour Course —\$159.30 per seat**

## Online Training Puts You In Control

OSHA sets mandatory topics for both the 10 Hour and the 30 Hour programs, such as Introduction to OSHA and Electrical Safety; however, the remainder of the courses can be tailored to your working environment. There are a number of programs to choose from to complete either your 10 or 30 Hour training requirement. A complete list of course offerings is provided on the next page.

Our TeST learning management system makes delivering safety training convenient and easy. Your employees can access this on line training course remotely while in a comfortable learning environment. Online training is perfect for any workforce; and it guarantees consistency no matter where your workers are located or what shift they are on. The result is training and education that is efficient, cost effective, and accessible to all via the web. This course offers many features and benefits;

- Set your own elective courses to tailor the training to your exact job needs.
- Unique bookmark feature allows students to come back to training where they left off.
- Our Learning Management portal allows Training Administrators to track employee progress, schedule training, and view quiz scores.
- The courses are interactive online, and include high definition video, animation, graphics, and quality content.
- **Up to date technology allows you to use a variety of internet surfers and mobile devices.**

Below are the training requirements by OSHA;

- Students have a maximum of 180 days (6 months) to complete the training, so there are no scheduling issues or loss of production associated with traditional classroom training.
- A quiz is provided after completing each individual course. Minimum passing score of 70% is required and the student is allowed three attempts. After passing all assigned courses then the Student must take the Training Final Exam.
- Upon receiving a passing grade of 70% or more on the Final Exam and completing the OSHA Survey, OSHA cards are provided directly through OSHA within 6 to 8 weeks. (Printable temporary certificates of completion are available as well.)

*\*Price per seat may change based on current list price posted by Health and Safety Institute and Summit Training.*

***Protecting our Global Community of Customers.***

**A service of the Tokio Marine Loss Control Department.**

**For more information contact us at (888) 525-2942 or [CS.TokioTraining@tokiom.com](mailto:CS.TokioTraining@tokiom.com)**



TMA is committed to the highest customer trust. We exist to deliver ANSHIN (safety, security and peace of mind) to our customers by providing the highest quality services.



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## OSHA 10-HOUR

### General Industry Course List

#### Mandatory Courses

- Introduction to OSHA
- OSHA Recordkeeping
- Walking-Working Surfaces
- Fire Safety
- Electrical Safety
- Personal Protective Equipment
- Eye Safety
- Hazard Communication: Erase the Mystery

#### Elective Mandatory

- Compressed Gas Cylinders
- Process Safety Management
- Materials Handling Construction
- Machine Guarding
- Power Press Safety
- Bloodborne Pathogens
- Back Safety
- Industrial Ergonomics
- Hazard Recognition
- Lead Safety
- Radiation Safety
- Fall Protection

#### Electives

- Aerial Lift Safety
- Respiratory Protection: Air Purifying Resp.
- Respiratory Protection: Air Supplying Resp.
- Asbestos Awareness
- Confined Space Entry: Permit Required
- Crane Safety: Pendant Controlled Cranes
- Electrical Safety: Shock Proof Qualified
- Forklift Safety

- Hand Safety
- Hand & Power Tools Safety
- Construction
- Hearing Safety
- Heat Stress
- Hexavalent Chromium
- Hydrogen Sulfide Safety
- Lockout/Tagout
- Preventing Spills
- Safety Orientation
- Scaffolding Safety
- Valve Safety
- Welding Safety

- Machine Guarding
- Power Press Safety
- Welding Safety
- Bloodborne Pathogens
- Back Safety
- Industrial Ergonomics
- Fall Protection
- Materials Handling Construction
- Hoists & Slings
- Hazard Recognition
- Lead Safety
- Radiation Safety
- Aerial Lift Safety

## OSHA 30-HOUR

### General Industry Course List

#### Mandatory Courses

- Introduction to OSHA
- OSHA Recordkeeping
- Accident Investigation
- Job Safety Analysis
- Leadership Skills For Safety
- Walking-Working Surfaces
- Fire Safety
- Hot Work Permit
- Disaster Readiness
- Electrical Safety
- Electrical Safety: Shock Proof Unqualified
- Personal Protective Equipment
- Eye Safety
- Forklift Safety
- Hazard Communication: Erase the Mystery

#### Elective Mandatory

- Compressed Gas Cylinders
- Process Safety Management
- Confined Space Entry: Permit Required
- Lockout/Tagout

#### Electives

- Respiratory Protection: Air Purifying Resp.
- Respiratory Protection: Air Supplying Resp.
- Asbestos Awareness
- Crane Safety: Mobile Cranes
- Crane Safety: Pendant Controlled Cranes
- Hand Safety
- Hand & Power Tools Safety
- Construction
- Hearing Safety
- Heat Stress
- Hexavalent Chromium
- Hydrogen Sulfide Safety
- Preventing Spills
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